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"**Excellence**" 2016 theme for our community

*Our vision: To create authentic, courageous, faith-filled young people with a passion for learning, respect for relationships and an ability to contribute to a global community.*

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**Friday, 28th October, 2016**

### WHAT’S ON IN WEEK 4 TERM 4

<table>
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<th>Date</th>
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| Sunday, 30th October | - 31st Sunday in Ordinary Time  
- Family Retreat SDA Convention Centre, Stuarts Point. |
| Monday, 31st October | (Day 6)  
- HSC exams continue  
  Physics (9.25a.m. – 12.30p.m.)  
  English Extension 1 (1.55p.m. – 4.00p.m.)  
- HSC Visual Arts marking  
- HSC Legal Studies guest speaker, William Studeman from Mid North Coast Correctional Centre from 9.10a.m. |
| Tuesday, 1st November | (Day 7)  
- HSC exams  
  Economics (9.25a.m. – 12.30p.m.)  
  Dance Section I - Core Appreciation (9.25a.m. – 10.30a.m.)  
  Dance Section II – Major Study Appreciation (10.40a.m. – 12.00 noon)  
  Visual Arts (1.55p.m. – 3.30p.m.)  
- Year 10 Creative Arts Extravaganza from 6.00p.m. – 8.00p.m. in the College Library and Theatre (Ocean Drive) |
| Wednesday, 2nd November | (Day 8)  
- HSC exams  
  Legal Studies (9.25a.m. – 12.30p.m.)  
  Food Technology (1.55p.m. – 5.00p.m.)  
- Year 8 Science Valid Test periods 1 and 2 |
| Thursday, 3rd November | (Day 9)  
- HSC exams  
  Chemistry (9.25a.m. – 12.30p.m.)  
  Drama (1.55p.m. – 3.30p.m.)  
- Year 8 Writer’s Camp in Bonny Hills |
| Friday, 4th November | (Day 10)  
- HSC exams  
  Design and Technology (12.55p.m. – 2.30p.m.)  
- Year 8 Writer’s Camp in Bonny Hills  
- Junior girls’ CCC water polo  
- Year 11 Preliminary Excellence and Application Awards in the College Theatre (Ocean Drive) from 9.00a.m. |

### COMING UP IN WEEK 5 TERM 4

<table>
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<th>Date</th>
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| Sunday, 6th November | - 32nd Sunday in Ordinary Time  
- 7/8 Boys All Schools Touch Finals at St Marys in Sydney  
- Year 12 second hand book sale in the senior library at 12.50p.m.  
- Year 12 Graduation night at Panthers from 5.45p.m.  
- Junior girls’ CCC water polo  
- Year 11 Preliminary Excellence and Application Awards in the College Theatre (Ocean Drive) from 9.00a.m. |
| Monday, 7th November | (Day 1)  
- Boys 15 years cricket selection in Coffs Harbour  
- Year 11 Risk seminar  
- Youth Heath Forum from 8.30a.m. - 12.30p.m. at the Port Macquarie Community Health Centre  
- Festa Christi  
  7/8 Boys All Schools Touch Finals at St Marys in Sydney  
- Year 12 second hand book sale in the senior library at 12.50p.m.  
- Year 12 Graduation night at Panthers from 5.45p.m.  
- Junior girls’ CCC water polo  
- Year 11 Preliminary Excellence and Application Awards in the College Theatre (Ocean Drive) from 9.00a.m. |
| Tuesday, 8th November | (Day 2)  
- Year 11 Risk seminar  
- Youth Heath Forum from 8.30a.m. - 12.30p.m. at the Port Macquarie Community Health Centre  
- Festa Christi  
  7/8 Boys All Schools Touch Finals at St Marys in Sydney  
- Year 12 second hand book sale in the senior library at 12.50p.m.  
- Year 12 Graduation night at Panthers from 5.45p.m.  
- Junior girls’ CCC water polo  
- Year 11 Preliminary Excellence and Application Awards in the College Theatre (Ocean Drive) from 9.00a.m. |
| Wednesday, 9th November | (Day 3)  
- Year 11 Risk seminar  
- Youth Heath Forum from 8.30a.m. - 12.30p.m. at the Port Macquarie Community Health Centre  
- Festa Christi  
  7/8 Boys All Schools Touch Finals at St Marys in Sydney  
- Year 12 second hand book sale in the senior library at 12.50p.m.  
- Year 12 Graduation night at Panthers from 5.45p.m.  
- Junior girls’ CCC water polo  
- Year 11 Preliminary Excellence and Application Awards in the College Theatre (Ocean Drive) from 9.00a.m. |
| Thursday, 10th November | (Day 4)  
- Festa Christi  
- 7/8 Boys All Schools Touch Finals at St Marys in Sydney  
- Year 12 second hand book sale in the senior library at 12.50p.m.  
- Year 12 Graduation night at Panthers from 5.45p.m.  
- Junior girls’ CCC water polo  
- Year 11 Preliminary Excellence and Application Awards in the College Theatre (Ocean Drive) from 9.00a.m. |
| Friday, 11th November | (Day 5)  
- Festa Christi  
- Remembrance Day  
- Year 12 Graduation night at Panthers from 5.45p.m.  
- Junior girls’ CCC water polo  
- Year 11 Preliminary Excellence and Application Awards in the College Theatre (Ocean Drive) from 9.00a.m. |
EXAMS ARE A PART OF TERM 4
Exams are a part of the end of every school year and I encourage all students to do their very best as they strive to complete these to the very best of their ability.

Exam preparation really begins the day your course begins because your success will depend on your day to day study habits as much as it will depend on the more concentrated periods of study in the weeks leading up to the exam. If you have well-organised and complete notes, and you have regularly revised your work at the end of each topic or section, you are already on the way to success. You will be well prepared to study efficiently and effectively in the weeks before the exam.

This fact is extremely valid for our Year 11 students who have just commenced their HSC courses. I encourage students to read through the following points as they may assist you as you work through the weeks leading up to these exams.

1. Organise your time
You need to find at least one extra hour a day for each subject. Plan to do no more than six hours of study on one day. Do not plan to study any subject for more than one hour without a break.

2. Organise your space (physical and mental)
Tidy your desk so that you can work comfortably. Try to eliminate distractions. Brace yourself for the task ahead and be confident about achieving your goal. Preparing for exams means working longer hours, and I encourage students to be prepared to devote this extra time as it will only be for a relatively short period of time but you will be rewarded with the results you are capable of if you do put in extra effort.

3. Organise your material
Make sure that you have all the relevant material for each topic you must study.

4. Do some research
Find out as much as you can about the exam. Carefully read the exam notification and any study guide that you have been given. For senior students past HSC exam papers can be found on the BOSTES website. Try to copy at least 3 past papers for each subject. Study the instructions and take note of the types of questions and the topics covered.

5. Make a study plan
Decide how much time you need to spend on each subject. Some subjects will require more work than others because of the level of difficulty, the quantity of the material or the nature of the content. Think about the best time of day for focusing on a particular subject. Early morning is often recommended for subjects or topics which require a lot of memorisation. Study timetables and exam planners are available from the study centre and the website.
6. Revise
The sort of revision you do will be determined by the subject you are studying, but it should always involve more than simply reading your textbook or your notes. Try to vary how you revise. You could record information and then listen to it while you are out walking. You could use wall posters, cards, mindmaps, mnemonics and other memory aids, or repeat information aloud. Information on using graphic organisers such as mindmaps and Venn diagrams are available from the study centre.

Always bring your revision back to writing, as this is what you will be required to do in the exam.

7. Test yourself
Once you feel you have mastered a topic, practise on the past exam papers. This will help to reinforce what you know. It will also help to identify any gaps or weaknesses. If you cannot get your answers checked, or check them yourself, you might find it useful to form a small study group. Answers can be compared and discussed, usually to everyone’s benefit.

8. Make your final preparations
Make sure that you know the time and place of the exam.

9. The night before
The night before your exam, look over your notes and review what you have done. If you have studied efficiently you have every right to be confident. Make sure you have all the necessary equipment. Try to get a good night’s sleep, and give yourself enough time to get to the exam without rushing.

HSC EXAMS
HSC exams have been going very well, and students are now well and truly in the routine receiving compliments from the supervisors for their cooperation and mature approach to these exams. I would ask everyone to continue your prayers for our Year 12 students throughout this exam period.

HSC ART MARKING
Next Monday, HSC markers representing the Board of Studies will be at the College to mark the Visual Arts major works. I wish the Visual Arts students and their teachers, Mrs Leonie Cutcliffe and Ms Loretta Hack all the best at this important time. They have certainly worked extremely hard and devoted a great deal of time to these projects and should be very proud of their work.

YEAR 11 RETREATS – A WONDERFUL SUCCESS
Sincere congratulations to the Year 11 students who participated very maturely at our retreats this week. The students were very responsive to the wonderful opportunity availed to them by our dedicated retreat team. These students are off to a positive start as they commence their HSC, the last few days have proven to be extremely beneficial.

Once again I sincerely thank the staff who gave up their time in support of this integral part of our holistic education at MacKillop College, Andrew Marsh, Joan Lancaster, Daniel Blackman, Patrick Byrnes, Col Coelho, Marg Gobius, Katrina Hayes, Louise Hendriks, Kelly Higham, Holly Hitchen, Aaron Houghton, Lisa Kable, Adam Kelly, Michael Kelly, Chris McQueen, Christa Morrow, Zac Parnell, Georgina Pender, Jenni Searson, Stewart Smith and Lisa Wilton. They ensure the success due to their professional dedication and support of the retreats.

“May the Spirit of the Lord be with you”
Anne O’Brien
Principal
aobrien@lism.catholic.edu.au
WHAT’S HAPPENING IN CURRICULUM TERM 4

YEAR 10 – PATHWAY 3 MATHS
The Semester 2 units can all be examined during the exam period in week 6 and 7. Leading into the exam, students will be studying the units on Bivariate Data followed by Geometry and in particular Congruency.

After the exam period during weeks 7 -10, students will be focussing on the following units until the end of the year in preparation for their entry into their senior courses of mathematics…

Proportion and Similarity as well as Algebraic Expression factorising techniques and solving of more difficult equations.

YEAR 10 – PATHWAY 2 MATHS
The Semester 2 units can all be examined during the exam period in week 6 and 7. Leading into the exam, students will be studying units on Ratio and Rates as well as Equations.

After the exam period during weeks 7 -10 students will be focussing on the following units until the end of the year in preparation for their entry into their senior courses of mathematics…

Further Equations and then Properties of Geometrical Figures.

YEAR 10 – PATHWAY 1 MATHS
The Semester 2 units can all be examined during the exam period in week 6 and 7. Leading into the exam, students will be studying units based on Volume and Capacity calculations, Angle Relationships and Similarity of Figures.

After the exam period during weeks 7 – 10, students will conclude the Similarity unit and then have a focus on Real Life Applications of Mathematics.

YEAR 9 – PATHWAY 3 MATHS
The Semester 2 units can all be examined during the exam period in week 6 and 7. Leading into the exam, students will be studying the units on Right Angled Trigonometry and Equations.

After the exam period during weeks 7 – 10, students will be focussed on units Linear Relationships, Ratio and Rates and then Properties of Geometrical Figures.

YEAR 9 – PATHWAY 2 MATHS
The Semester 2 units can all be examined during the exam period in week 6 and 7. Leading into the exam, students will be studying the units on Linear Relationships followed by Geometrical Properties based on Similarity.

After the exam period during weeks 7 – 10, students will be focussed on units of Data Analysis followed by Ratio and Rates work to conclude the year.

YEAR 9 – PATHWAY 1 MATHS
The Semester 2 units can all be examined during the exam period in week 6 and 7. Leading into the exam, students will be studying the units on Measurement – with a focus on Perimeter and Circumference followed by an Algebra unit on equation solving.

After the exam period during weeks 7 – 10, students will be concluding the unit on equations and will then look into the units of Areas of plane shapes followed by Surface Areas of solid shapes.

YEAR 8 MATHS
The Semester 2 units can all be examined during the exam period in week 6 and 7. Leading into the exam, students will be studying the units on Ratio and Rates followed by units involving measurement including length, perimeter, area and volume calculations.
After the exam period during weeks 7 – 10, students will be starting a unit on Data collection and Representation followed by units on Geometrical Properties of Plane shapes then Time to conclude the year.

**YEAR 7 MATHS**
The units completed since the Term 3 exam will be examined in the Term 4 exam. Since the Term 3 exam, students have completed the final section of the Angles unit and have since been working on Length, Perimeter and Area. A unit on Volume and Capacity has been recently worked through and the students will then move into a unit on Data.

At the conclusion of the exam period, students will complete their Data unit and then move onto Transformations followed by Probability in the final few weeks of term.

**YEAR 7 HISTORY**
The Year 7 students will complete their final assessment during the exam period in week 6. After this time, teaching and learning is focused around a unit titled, Polynesian Expansion Across the Pacific.

This unit examines theories about the origin and spread of Polynesian settlers throughout the Pacific. In addition, this unit has a focus in investigating the way Polynesian societies used environmental resources (sustainably and unsustainably), including the extinction of the Moa in New Zealand, the use of religious/supernatural threats to conserve resources, and the exploitation of Easter Island's palm trees.

We will be investigating the way of life in ONE Polynesian society, including social, cultural, economic and political features, such as the role of ariki and related tribal roles in Maori and in Rapa Nui society. Importantly we will be looking at the cultural achievements of ONE Polynesian society, such as the Ta moko, the haka and hangi in Maori society or the moai constructed on Easter Island.

All the work we do in History has a Concepts and Skills focus to develop our students as Historian for the future.

The following Historical Concepts are integrated into the lesson sequences
- **Continuity and Change:** changes and continuities within Polynesian society over time
- **Cause and Effect:** what may have caused Polynesian expansion across the Pacific and the effects of this expansion
- **Perspectives:** different points of view or theories about the Polynesian expansion across the Pacific
- **Significance:** the significance/importance of the Polynesian expansion across the Pacific
- **Empathetic Understanding:** understanding why Polynesians lived and thought as they did in earlier times

**YEAR 8 GEOGRAPHY**
The Year 8 students will complete their final assessment during the exam period in week 6. Teaching and learning will continue to be focused around a unit titled Global Issues and the Role of Citizenship.

We will be continuing to investigate issues such as Climate Change, Energy Use, Threatened Habitats, Ecotourism and the Use of Ocean Resources.

These issues will be investigated from several perspectives including:
- understanding the nature of global geographical issue
- explain the links between human actions and the consequences for ecological sustainability on a global scale
- identify perspectives and bias about the issue, including in media reports
- describe the actions of individuals, groups and governments in relation to the issue
- the need to promote ecological sustainability
- communicate appropriately with organisations to participate as a global citizen

All the work we do in Geography has a Skills focus to develop our students as Geographers for the future.
The following **Geographical Skills** are integrated into the lesson sequences:

- Maps - locate features on a map using latitude and longitude, area and grid references
- Fieldwork - collect and record data in the field
- Graphs and Statistics and Infographics - construct and interpret bar column, line, climatic and proportional graphs
- Photographs and Virtual Reality - collect and interpret photographic images

**YEAR 8 ENTERPRISE**
The Year 8 Enterprise students will complete their final assessment during Week 6. Teaching and learning for the remainder of the term will be focussed around a unit titled Travel.

Students learn how to plan their travel and how to solve problems encountered when travelling both domestically and internationally. Students will research and develop a travel itinerary for a specific target market that will be tailored to the needs of specific individuals and will produce an itinerary and budget within financial and time constraints. Students will also investigate the issues that may arise on an international visit including insurance, cultural and legal responsibilities when travelling.

**YEAR 9 HISTORY**
The Year 9 students will complete their final assessment during the exam period in week 6. Teaching and learning will continue to be focussed around a unit titled Movement of Peoples.

Industrialisation meant different labour needs and led to population shifts. Millions of people moved to take advantage of new opportunities or because they were forced to move. People moved to other countries such as Australia, either voluntarily as free settlers or involuntarily as transported slaves or convicts. Improvements in transport made it faster and cheaper than ever before to move goods and people. In this unit students examine the movement of peoples including the transatlantic slave trade and convict transportation; the experiences of slaves, convicts and free settlers; changes in the way of life of groups of people who moved to Australia in this period; and the short and long-term impacts of the movement of peoples during this period and the consequences for Indigenous Peoples.

All the work we do in History has a Concepts and Skills focus to develop our students as Historians for the future.

The following **Historical Concepts** are integrated into the lesson sequences:

- **Continuity and Change**: reasons for change and continuity in its historical context, including the rights and freedoms of groups in Australian society
- **Cause and Effect**: intended and unintended causes (Industrial Revolution) and consequences (Slavery and Convicts)
- **Perspectives**: the reasons for different perspectives of Convicts and Free Settlers in Australia
- **Empathetic Understanding**: the actions, values, attitudes and motives of people involved in the slave trade
- **Significance**: the reasons why the importance of the movement of people may change over time
- **Contestability**: using historical sources, events or issues and understanding how they may be interpreted differently by historians depending on their perspectives and methods of inquiry

**YEAR 9 COMMERCE**
The Year 9 Commerce students will complete their final assessment during the exam period in week 6. Teaching and learning in the last part of term will focus on Commerce core unit: Law and Society.

Law and Society focusses on students developing an understanding of how laws affect individuals and groups and its role in regulating society. This will include an investigation of the Legal Framework, Areas of Law as well as Using the Legal System. Law and Society is a practical unit and students will be visiting the Local Court to view the law in action.

This unit will continue into Term One 2017.
YEAR 10 HISTORY
The Year 10 students will complete their final assessment during the exam period in week 6. Teaching and learning will continue to be focused around a unit titled the Holocaust.

This unit has had a focus on Research where students have been asking and evaluating different kinds of questions about the Holocaust to inform an historical inquiry. They have been planning historical research to suit the purpose of an investigation. Importantly we have been looking at identifying, locating, selecting and organising information from a variety of sources, to frame our research.

Students will be continuing with their study of the Holocaust both prior to and during World War Two. In the latter part of the term students will be focussing on the Holocaust during the war in the lead up to the “Final Solution” and the fate of those remaining Jews immediately after the war, including the creation of the State of Israel.

All the work we do in History has a Concepts and Skills focus to develop our students as Historians for the future.

The following Historical skills are integrated into the lesson sequences:

- **Comprehension:** chronology, terms and concepts read and understand historical texts, sequence historical events to demonstrate the relationship between different periods, people and places, use historical terms and concepts in appropriate contexts
- **Analysis and Use of Sources:** identify different types of sources, identify the origin, content, context and purpose of primary and secondary sources, process and synthesise information from a range of sources as evidence in an historical argument, evaluate the reliability and usefulness of primary and secondary sources for a specific historical inquiry
- **Perspectives and Interpretations:** identify and analyse the reasons for different perspectives in a particular historical context, recognise that historians may interpret events and developments differently
- **Empathetic Understanding:** interpret history through the actions, values, attitudes and motives of people in the context of the past

YEAR 10 GEOGRAPHY
The Year 10 students will complete their final assessment during the exam period in week 6. Teaching and learning will continue to be focused around a unit titled Issues in Australian Environments.

Students will have just completed a unit on Coastal Management. This obviously has been a significant area of study for our students living on the coast. In particular we have been looking specifically at Lake Cathie and the environmental, social and economic issues around the opening and closing of the lake as well as the dune erosion interacting with human activity south of the lake.

The remainder of this term will see our focus shift to Urban Growth and decline in our area. Port Macquarie and the Hastings is a rapidly changing urban environment with a growing population and a vibrant housing market. Students will be investigating causes of changes in Urban Environments and will look at the sustainable management of change.

All the work we do in Geography has a Skills focus to develop our students as Geographers for the future.

The following Geographical Skills are integrated into the lesson sequences

- **Maps:** using maps to understand change and future planning
- **Fieldwork:** collect and record data in the field
- **Photographs and Virtual Reality:** collect and interpret images

Adam Kelly
Assistant Principal – Curriculum and Administration
ajkelly@lism.catholic.edu.au
The Sisters of St Joseph have a proud tradition in the St Agnes’ Parish and we here at MacKillop College are integrally linked to them through their founder Mother Mary MacKillop. Social justice and acting when people are in need are at the heart of the Josephite tradition.

I recently met Sr Jan Barnett, the Josephite Justice Coordinator, a tireless and determined woman working to make a difference in the lives of others. Sr Jan is currently supporting the #bring them here campaign which asks for a more just treatment of refugees in Australian detention centres.

Sr Jan notes that, “The evidence is clear. Irreparable harm is being perpetrated in our name. Recent reports on conditions in detention centres indicate the depths to which we have slipped as a country. Australia’s present policy regarding the global issue of people seeking safety is unsustainable, unsafe and unjust, and does not offer protection to people who need it.”

The Josephite Justice Centre is pursuing change in current policy; “We believe we are better than our present policy indicates. We know there are viable alternatives, which are compliant with international law and human rights. Let’s work together to search for the best of which we are capable, both for those seeking asylum, and for us as Australians."

I was inspired by the passion, tenacity and resolve of Sr Jan and determined I would work with her to share information and stories of the Josephite Justice Centre, which truly follows Mother Mary’s preeminent desire to ‘never see a need without doing something about it.’ If you would like to learn more about this very real social justice issue I encourage you to visit #bring them here.

Jennifer Campbell
Assistant Principal – Pastoral Care and Staff Support
jtcampbell@lism.catholic.edu.au

YEAR 7 – 10 MAJOR AWARD CEREMONY

A special occasion for our junior students is the Year 7-10 Major Award Ceremony which will be held on Thursday, 15th December at the MacKillop College hall. This is an opportunity to acknowledge students who have excelled in academic and cultural areas. These students receive a trophy as a symbol of their involvement and achievement in a particular area.

It has become a tradition that these awards are sponsored by families or businesses in our College community. If you are interested in sponsoring an award we would love to hear from you. Your support is invaluable and greatly appreciated. The cost of the sponsorship is $50 per award.

If you are in a position to assist, please contact the main College office, (65 832 632).

Thank you in anticipation.

Anne O’Brien
College Principal
OFFICE NEWS

SUBJECT AND EXCURSION STATEMENTS
Term 4 subject and excursion statements for students in Years 7 – 12 were mailed to families last week. The due date for paying is **Friday, 11th November** IF PAYING IN FULL. Evidence of weekly/fortnightly payments should be well-established for those who have elected to pay by instalment.

Payments via Bpay are encouraged on a regular basis (weekly/fortnightly) for those who are not making payment in full by the abovementioned date. These amounts may need to be increased over the coming weeks to ensure that a nil balance is on the account by the beginning of December.

Queries regarding these accounts should be directed to the main College office (Ocean Drive).

YEAR 12 NEWS

HSC EXAMS
These have run relatively smoothly with most morning exams starting around 9.25a.m. and afternoon exams at 1.55p.m. Prayers for each subject have been held at around either 9.00a.m. or 1.35p.m.

Students and parents are reminded that if they feel unwell during the exam and believe this may have affected their performance, they should ask for an “Illness and Misadventure” form from the chief HSC Supervisor, Tony McKenzie, which needs to be completed and returned within a few days and then discussed with Tony.

If for some reason a student cannot attend the exam on the day, e.g. family or health reasons, they must contact the College to inform us as soon as possible, then again complete out the HSC Misadventure form, return it and be interviewed by the chief HSC Supervisor.

For many students, the last exam was the Studies of Religion 1Unit or 2Unit. Some students will have exams up till Friday, 4th November (Design and Technology).

YEAR 12 BOOK SALE - THURSDAY 10TH NOVEMBER
During the usual lunchtime in the Senior Library, Year 12 students are invited to sell 2nd hand books/texts to the current Year 11 students. Please note, this does not include study notes.

DECORATING AND PREPARING FOR THE GRADUATION DINNER
The decorating Committee have met on four Wednesday evenings to plan for this event (last meeting was Wednesday, 26th October) and have done a great job in preparation for such an important evening.

We could do with some **extra parent/family assistance in setting up the Panther’s Auditorium** – chair seat covers, table decorations, fairy lights, plants relocated etc. Fortunately we have access to the auditorium from about **10.30a.m. on Thursday 10th November** (with some further decorations being done **Friday, 11th November**). The College will send out a reminder SMS to parents – if you are able to help out on either day (an hour or two), it will make the task a lot easier.

GRADUATION DINNER – FRIDAY, 11TH NOVEMBER
Just a further reminder regarding this highlight. Most students and their guests arrive at Panthers from about 5.30p.m.

The Year 12 students must be gathered upstairs in the Rushcutter room by 6.00p.m. at the latest (need to be sorted in introduction order, have wristbands issued for those over 18 with proof of ID etc.). Parents and guests will have to sign in to enter Panthers which can be a lengthy process. Several College bands (“The Groove Merchants” and the “Senior Stage Band”), led by Mr Rob Denham, will provide entertainment till about 6.30p.m. when the Year 12 graduands will be introduced. All drink service will cease for this introduction as well as during some of the key speeches and presentations.
Any students and guests who have any **special dietary needs** are asked to contact the Senior Office, if they haven’t already done so – Panther’s will provide alternative meals to those they are aware of.

**Phil Lloyd**  
**Year 12 Leader of Pastoral Care**  
plloyd@lism.catholic.edu.au

**YEAR 10 NEWS**

**ASSESSMENTS**  
Our assessment period commenced this week and all students should be preparing for their exams and in class assessment tasks. Students are encouraged to make SMART goals and to plan strategies for how to achieve these goals. Students should regularly refer to their Year 10 Assessment Calendar (in Moodle) to ensure that they are prepared for upcoming assessments.

Year 10 French and PASS students will have their assessment in Week 4.

**YEAR 10 EXTRAVAGANZA**  
Year 10 Creative and Performing Arts students will showcase their talents during our Extravaganza on Tuesday evening, 1st November. Your support would be very appreciated.

**JEWELLERY PIERCINGS**  
Students are reminded that whilst in school uniform, they are representatives of our College and are to present themselves according to the uniform code in the diary. In respect to jewellery, parents and students alike should be aware that only one pair of earrings (small stud or sleeper) are permitted and are to be worn in a single, lower lobe piercing.

Please note that wearing jewellery in any other body piercing is not allowed. Clear, plastic studs or ear/nose rings are not acceptable (in extra piercings) either, and should not be worn while wearing school uniform. Wearing bandaids or makeup to cover these piercings is also unacceptable.

If students are thinking of getting an extra body piercing, parents and students are asked to please consider these rules and defer this idea until the school holidays. That way, students will not run the risk of infection or having their possibly expensive piercings close over, as they will have the opportunity to heal in time before the new school year commences. This would then ensure that jewellery in piercings can be safely removed for a return to school.

Students who choose not to follow these rules will be asked to: remove the jewellery, attend a uniform detention, possibly have the jewellery confiscated and/or may be removed from class until this is rectified.

Parents, many thanks for your support in this matter, it is greatly appreciated.

**CONGRATULATIONS**  
Congratulations to **Sophie Jaggers** who has received a Pastoral Co-ordinator’s Award.

**Ellen McKell**  
**Year 10 Leader of Pastoral Care**  
emckell@lism.catholic.edu.au
MOVIE WEEK
On Wednesday, Thursday and Friday a fortnight ago students had the opportunity during lunchtime to participate in basketball and dodge ball. The same days this week Year 9 were invited to the computer labs to play video games. On Wednesday, Thursday and Friday in Week 4 students can watch “Hunt for the Wilder People”. All these activities are being made available to Year 9 in the hope they will have an opportunity to engage in College life in some way.

HELPING YOUR TEENAGER
ReachOut has a valuable parent page where they address common concerns like; bullying and teenagers; stress and teenagers. It deals with common concerns as well as providing skills or strategies that will assist you.

With exams fast approaching it may be beneficial for parents to access the section on helping my teenager manage exam stress.

https://parents.au.reachout.com/

The following is a snippet of the tips about exams. Each tip is expanded on, when you visit the website.

Top 5 tips for teenagers
Here are some tips for you to share with your teenager to help them with study and exam stress:
1. Write a study timetable and be organised.
2. Be prepared and understand what is required.
3. Make time to relax, have fun and socialise.
4. Eat well.
5. Be active.

Top 7 tips for parents and families
These tips can help you support your teenager in the lead up to exams:
1. Talk about symptoms of stress.
2. Help them set up a quiet and comfortable place to study and help them get organised.
3. Help them to write a study timetable that includes breaks and time to relax and socialise.
4. Give them some time off household chores during their exam period and schedule family time around their study timetable.
5. Help them write a list of things they can do to relax.
6. Encourage them to be active, eat well and sleep well.
7. Look after yourself.

UNIFORM
Year 9 students are gaining a sense of independence and with this independence comes responsibility. Students are responsible for their uniform and making sure that they follow the College Code of Presentation which is on pages 15 – 17 of their College diary. As the year comes to an end it is easy for students to become slack in this area but I encourage students to continue to keep their standards high.

Glen Littler
Year 9 Leader of Pastoral Care
glittler@lism.catholic.edu.au
**YEAR 8 NEWS**

**WELCOME**
We welcome **Kiara Fing** and **Jasmin Rivers** to Year 8 and their families to our MacKillop College community.

**WELLBEING**
Wednesday’s Wellbeing lesson continued this week to articulate their SMART goals for each subject, revision plan and study tips. Each student is encouraged to share their plans at home for support.

Students should be well into the routine of homework, assessment task work and study in preparation for the assessment period. Students do well to realise: **“success never comes before work, except in the dictionary”**.

**CONGRATULATIONS**
Congratulations to the following students who have received a Pastoral Coordinator’s Award: **Thomas Currey**, **Joel Mackay** and **Isabella Pearson**.

Nicole O’Connell  
**Year 8 Leader of Pastoral Care**  
noconnell@lism.catholic.edu.au

**YEAR 7 NEWS**

Students had the chance to focus and work on a study timetable in preparation for exams in Week 6. Please feel free to discuss this with your child and see what they have to show / say on this matter.

**CONGRATULATIONS**
To **Hugh Robertson** who competed in the NSWCCC Homebush 1,500m where he finished with an excellent result of 4th in the state.

To **Samuel Poulton** who came 3rd in the Rocky Trail Rollercoaster MTB series on top of that Sam secured a sponsorship deal with Mondraker. Well done boys.

**Hugh Robertson**

**Samuel Poulton**

Congratulations to the following student who have received a Gold Principal’s Award: **Marie Tessede**

Congratulations to the following students who have received a Silver Principal’s Award: **Mackenzie Baker**, **Ella Clark**, **Molly Fisher**, **Noah Noonan** and **Kyle Yule**

Congratulations to the following students who have received a Pastoral Coordinator’s Award: **Mackenzie Baker** (x3), **Ella Clark**, **Emily Currey**, **Cody Edwards**, **Sophie Evans**, **Molly Fisher**, **Bethany Hosking**, **Corey Lewis**, **Noah Noonan**, **Brandon Power**, **Ayaan Sharma**, **Marie Tessede**, **Dane Thiele** and **Kyle Yule**.

Have a great weekend!

Dom Ashe  
**Year 7 Leader of Pastoral Care**  
dashe@lism.catholic.edu.au
RELIGIOUS EDUCATION NEWS

CATCH THE WAVE RETREAT DAY
On Thursday, 20th October, Year 8 participated in the *Catch the Wave* retreat day. The aim of the retreat was to provide an encouraging and welcoming experience of faith to Year 8 students. It is the hope to first evangelise and second, invite students to apply for the Year 9 CSYMA class.

The day was an excellent opportunity for both Year 8 and the students from the Years 9 and 10 CSYMA classes to delve deeper into their faith. It didn't matter if you already knew God or if you were still a bit uncertain about your faith, everyone could be involved. *Catch the Wave* was a time for the whole of Year 8 to experience time as one community and confront the sometimes challenging thought of opening your heart to God. With fun games, inspiring testimonies, drama, songs and prayer there was an intense atmosphere of enjoyment and acceptance amongst the grade. Activities took place in a large group setting as well as small groups. The small groups were led by students in the Year 9 and 10 CSYMA classes, where they talked about their own faith journey and gave an opportunity for the small group to discuss concerning issues and their relationship with God.

Matthew 18:20 "For where two or three gather in my name, there am I with them." God was alive in every individual throughout this day, enabling it to be a booming success. The *Catch the Wave* retreat day is a gateway into the CSYMA class and pathway and to a life of love and faith. I speak on behalf of everyone involved when I say that the day was thoroughly enjoyable as well as extremely beneficial.

*Kyden Power-O’Toole*
*Year 9 Student*

SPORT NEWS

YEAR 7
All Year 7 classes will either be attending the town pool to complete their swim and survive certificate or Flynns Beach to participate in surf awareness activities. Students need to bring swimming gear and a note if they are sick or unable to swim.

YEAR 8

<table>
<thead>
<tr>
<th>WEEK</th>
<th>F1</th>
<th>F2</th>
<th>I1</th>
<th>I2</th>
<th>M1</th>
<th>M2</th>
<th>O1</th>
<th>O2</th>
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</thead>
<tbody>
<tr>
<td>Week 4</td>
<td>Rec Walking DD &amp; ZF</td>
<td>Indoor Cricket SS</td>
<td>Surf Awareness SA</td>
<td>Hydro Golf RD</td>
<td>Kick Boxing DMU</td>
<td>Beach Games PF</td>
<td>Gym Fitness JW</td>
<td>Spin Class NOC &amp; DS</td>
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<td>1/11/16</td>
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<tr>
<td>Week 5</td>
<td>Spin Class RM &amp; ZF</td>
<td>Rec Walking AH &amp; LHE</td>
<td>Indoor Cricket DA</td>
<td>Surf Awareness GL</td>
<td>Hydro Golf CC</td>
<td>Kick Boxing JC</td>
<td>Beach Games WL</td>
<td>Gym Fitness KC</td>
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<td>8/11/16</td>
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Please note surf awareness and kayaking will require hats and swimming gear.

YEAR 9

<table>
<thead>
<tr>
<th>Sport</th>
<th>Venue/Bus</th>
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<tbody>
<tr>
<td>Mountain Biking</td>
<td>Wayne Richards Park</td>
</tr>
<tr>
<td>Tennis</td>
<td>Westport Tennis Club – Bus 2 (11:40am)</td>
</tr>
<tr>
<td>Beach Fitness</td>
<td>Local Beaches – Bus 1 (11:40am)</td>
</tr>
<tr>
<td>Walk for fitness</td>
<td>Various walking tracks around Port Macquarie – Bus 1 (11:40am)</td>
</tr>
<tr>
<td>Ten Pin Bowling</td>
<td>Wave Bowl – Bus 2 (11:40am)</td>
</tr>
<tr>
<td>Football</td>
<td>School</td>
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<tr>
<td>Netball Basketball</td>
<td>School</td>
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YEAR 10

<table>
<thead>
<tr>
<th>Sport</th>
<th>Venue/Bus</th>
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</thead>
<tbody>
<tr>
<td>Mountain Biking</td>
<td>Wayne Richards Park</td>
</tr>
<tr>
<td>Learn to Surf</td>
<td>Flynn’s Beach – Bus 1 (1:50pm)</td>
</tr>
<tr>
<td>Surfing</td>
<td>Flynn’s Beach – Bus 1 (1:50pm)</td>
</tr>
<tr>
<td>Gym Fit School</td>
<td>School</td>
</tr>
<tr>
<td>Beach Fitness</td>
<td>Local Beaches – Bus 1 (1:50pm)</td>
</tr>
<tr>
<td>Walk for Fitness</td>
<td>Various walking tracks around Port Macquarie – Bus 1 (1:50pm)</td>
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<tr>
<td>Ten Pin Bowling</td>
<td>Wave Bowl – Bus 2 (1:50pm)</td>
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<tr>
<td>Rock Climbing</td>
<td>Centre of Gravity – Bus 2 (1:50pm)</td>
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<tr>
<td>Football</td>
<td>School</td>
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<tr>
<td>Netball Basketball</td>
<td>School</td>
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UPCOMING EVENTS:

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<thead>
<tr>
<th>Sport</th>
<th>Event</th>
<th>Date</th>
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<tbody>
<tr>
<td>Touch Football</td>
<td>7/8 All Schools State Touch Final - Penrith</td>
<td>9th/10th November</td>
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<tr>
<td>Golf</td>
<td>Diocesan Golf at Maclean</td>
<td>29th November</td>
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REPRESENTATIVE SPORTS

BERG SHIELD CRICKET REPORT

The MacKillop College Berg Shield (Year 9 and under) cricket team played St Paul’s College, Kempsey in the first round of the state wide knockout competition last Thursday at Wood Street one.

St Paul’s College won the toss and batted first scoring a respectable 5/148 from their thirty overs. Opening bowler Nitin Naik (2/21) and talented spinner Alexander Horder (0/22) were the pick of the bowlers and were a constant threat to the aggressive Kempsey batsmen. Nicholas Smith (1/40), Jared Humphreys (1/5), Vaughan Lickley (1/25) and Tyrone Gaffney Allen (0/25) all contributed to the effort to contain the Kempsey team on a lightning fast, small field.

In reply, MacKillop College openers Tom Connolly and co-captain Sam Nunan got their team off to a quick start before Tom was dismissed for 9, with the score on 27 in the fifth over. Ambrose Humphreys joined Sam and the pair combined for an excellent 47 run partnership. At 1/74 in the 16th over the team appeared to be coasting to victory. Then it all fell apart. In the 17th over, Sam was out for a well compiled 25 and co-captain Jared Humphreys was out the very next ball for 0, both falling to excellent catches. Hayden Ryan (1), Ambrose Humphreys (34), Tyrone Gaffney Allan (1), Lachlan Knox (0), Riley Mallyon (1), Alexander Horder (2) and Nicholas Smith (5) were all dismissed by the 23rd over for a total of 111 – 37 runs short of the target. Nitin Naik remained 4 not out.

That means that the journey for this team is over until next season. The boys put in a lot of effort during the game and at training and I am sure they would have been disappointed with the result - but that’s cricket!

The Berg Shield team for 2016: Tom Connolly, Tyrone Gaffney Allan, Alexander Horder, Ambrose Humphreys, Jared Humphreys ©, Lachlan Knox, Vaughan Lickley, Riley Mallyon, Nitin Naik, Sam Nunan ©, Hayden Ryan and Nicholas Smith. Lachlan Wood was also a part of the squad but was unavailable for this game due to basketball commitments.

Mr David McMahon and Mr Scott Schumann
Coaches

Andrea Huxley
Leader of Sport
ahuxley@lism.catholic.edu.au
“Beautiful music is the art of the prophets that can calm the agitations of the soul; it is one of the most magnificent and delightful presents God has given us.” Martin Luther King

REHEARSAL ATTENDANCE
Due to the exceptionally busy nature of Term 4 it is essential that all students regularly attend rehearsals and arrive on time. If a student is unable to attend a rehearsal they must inform Mr Denham (or their ensemble director) by email or in person as soon as possible.

TERM 4 EVENTS
Term 4 is always busy for schools with many end-of-year events and activities. Please take note of the events outlined in the “Upcoming Events” section below to stay on top of household organisation during this busy period.

Of particular importance is the Co-curricular Music Showcase and Awards Night. This showcase concert aims to acknowledge the efforts of co-curricular music students and showcase the outstanding talent that comes through our College. **It is essential that all members of the co-curricular music program attend.** Please inform your ensemble director as soon as possible if you are unable to attend.

YEAR 12 GRADUATION DINNER PERFORMANCE
The MacKillop College Senior Stage Band and the “Groove Merchants” have been invited to perform at the Year 12 Graduation Dinner to be held at Panthers Auditorium Port Macquarie on **Friday, 11th November**. The students will be providing pre-dinner entertainment from 5.15p.m. until 6.30p.m.

The “Groove Merchants” will perform first from 5.30p.m. to 5.45p.m, followed by the Senior Stage Band 5.45p.m. – 6.30p.m.

Students are to arrive at Panthers Auditorium at 5.00p.m. in their “performance blacks” ready to set-up, tune-up and warm-up. Travel to and from the event will be by private transport. Dinner will not be provided at the event.

This is a ticketed event. As such parents will not have access to the auditorium. Students will need to be collected from the main foyer area of the auditorium at approximately 6.45p.m.

REHEARSALS IN WEEK 4 TERM 4
MONDAY
- Senior Stage Band/Praise Band – NO REHEARSAL

TUESDAY
- SAPSS Concert Band – 7.30a.m. – 8.45a.m, St Joseph’s Regional College
- Percussion Ensemble – 8.00a.m. – 8.45a.m, J12 Music Room

WEDNESDAY
- Senior Stage Band – 7.45a.m. – 8.45a.m, Performing Arts Theatre
- Vocal Ensemble – 8.00a.m. – 8.45a.m, J16 Music Room
- Choir – lunchtime, J14 Music Room
- SAPSS Drum Line – 4.00p.m. - 5.00p.m. St Joseph’s Regional College

THURSDAY
- Concert Band – 7.45a.m. – 8.45a.m, J16 Music Room
- Year 7 Vocal Ensemble – 8.00a.m. – 8.45a.m, J14 Music Room
- Trumpet Ensemble – SEE MORNING NOTICES
- Saxophone Ensemble – SEE MORNING NOTICES

FRIDAY
- Little Big Band – 7.45a.m. – 8.45a.m, J16 Music Room
- Big Band – 7.45a.m. – 8.45a.m, Performing Arts Theatre
- Junior Stage Band – SEE MORNING NOTICES
- Jazz Ensemble “Groove Merchants” – Lunchtime, Performing Arts Theatre
UPCOMING EVENTS

SENIOR CONCERT PRACTICE
• Monday, 31st October, lunchtime, Performing Arts Theatre, HSC music students.

JUNIOR SCHOOL ASSEMBLY
• Wednesday, 9th November, period 1, Junior MPC, Little Big Band

YEAR 12 GRADUATION NIGHT
• Friday, 11th November, 5.00p.m, Panthers Auditorium, ‘Groove Merchants’ and Senior Stage Band.

SENIOR CONCERT PRACTICE
• Monday, 14th November, lunchtime, Performing Arts Theatre, HSC music students.

YOUTH MASS
• Sunday, 20th November, 4.00p.m. – 6.00p.m, St Agnes’ Church Port Macquarie, Praise Band and Vocal Ensemble.

WHOLE SCHOOL ASSEMBLY
• Wednesday, 23rd November, period 1, Junior MPC, Vocal Ensemble

MACKILLOP COLLEGE MUSIC DAY
• Thursday, 1st December, 9.00a.m. – 3.00p.m, Junior MPC, ALL MUSIC ENSEMBLES

CO-CURRICULAR MUSIC SHOWCASE AND AWARDS NIGHT
• Thursday, 1st December, 6.00p.m. – 8.30p.m, Junior MPC, ALL MUSIC ENSEMBLES

Please contact Mr Denham with any questions relating to the co-curricular music program at MacKillop College or visit the College website and click on the Creative Arts tab.

Rob Denham
Leader of Co-curricular Music
rdenham@lism.catholic.edu.au

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<thead>
<tr>
<th>CANTEEN ROSTER – WEEK 4 TERM 4</th>
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<tbody>
<tr>
<td>Monday</td>
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<td>Friday</td>
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COMMUNITY NEWS

Community news and invitations from the MacKillop College parent social group are now accessible from our website on the following links:

These items will stay on the website until the event has taken place.

St Agnes’ Altar Serving Ministry 2017
What is an Altar Server in the St Agnes’ Parish?
All servers become members of the Guild of St Stephen which is part of the Lismore Diocese Altar Serving Ministry.
To be invited to become an Altar server is a privilege and not everyone can serve. Why? You need to be committed. It’s a challenge and you need to want to be part of something special and something that supports your belief in Jesus.
It is a Ministry that supports the celebrant and assists 100’s of people attending Mass to be more faithful and prayerful.
An Altar Server assists the celebrant to bring Jesus to the people.

“Are you dedicated enough to take up this challenge?”
St Agnes’ Parish invites all youth over the age of 7 to dedicate themselves to serving for at least ONE YEAR or more!
If interested, please fill in this form and return to either the Presbytery or your School Office by 11th November 2016

Name in full: _____________________________________ age: ___________________
Date of Birth: ____________________________________
School: ___________________________________________ Phone: _________________
Email: _____________________@ _____________________

Choose a Mass time to serve: (Please indicate two times with 1 your first choice / 2 your second )
St Agnes’ Church Saturday Vigil at 6.00pm ___________
St Agnes’ Church Sunday morning 7.30am ___________
St Agnes’ Church Sunday morning 9.00am ___________
St Agnes’ Church Sunday afternoon 5.00pm ___________
Lake Cathie Sunday morning 8.00am ___________

There will be only 6 servers at each Mass in 2017

Signed: _____________________________ (Parent/Guardian )
2016 PORT MACQUARIE SAND MUDDER
1PM, Sunday 6 November 2016 • Town Beach, Port Macquarie

YOU ARE GOING TO GET WET, YOU ARE GOING TO GET DIRTY AND YOU ARE GOING TO HAVE GREAT FUN!
This year’s sand mudder is bigger, more challenging and more fun. Complete the 4.5km course with it’s 20 obstacles, including the mighty Mount Everest, or the water fight in the fish nets or even discover what’s in the tunnel of love!

Date: Sunday 6 November, 1pm onwards
Entry Fee: $50 per person or $160 per team of 4
$25 concession for under 18’s
Register at: www.portmacquariesandmudder.com.au
All money raised will go to support headspace schools program and Marine Rescue NSW
TEAM OF 4 OR SINGLE ENTRY • FAMILY ENTRY (6+ YEARS) • FANCY DRESS PRIZES
• PARTY, BBQ & DRINKS • THIS IS NOT A TIMED EVENT!

EVENT SPONSORS
GreaterBank • Laing + Simmons
HOGS • Port City • Hooker • Coles

EVENT SUPPORTERS
SANTA IS COMING TO TOWN AND WANTS A PHOTO WITH YOU!

St Joseph’s Primary School is hosting SANTA PHOTO’S!

Sick and tired of paying for 1 Santa photo and not being able to print as many as you want? Now you can have a photo with Santa and receive all digital images taken before December to make as many prints as you like and send them to everyone!

1x family photo with Santa $20 (that’s 1 digital image taken of your family for $20)

2x family photo’s with Santa $30 (that’s 2 different family combinations for $30)

3x family photo’s with Santa $40 (that’s 3 different family combinations for $40)

WHEN: Sunday, 20th of November between 2:00-5:00pm
Monday, 21st of November between 4:30-7:00pm

WHERE: St Joseph’s Primary School, MPA

HOW: Follow the instructions below

Type into your web browser bar:


Click “search” then follow the prompts from our Santa Photo’s homepage. At the end of the process you will be required to print your booking receipt/ticket.

If you have problems with the above links type “trybooking.com.au” into the Google home page. Click on “Buy Tickets”. In the Search section type in the Event Name “Santa Photo’s”, click “Search”. Scroll down to the bottom of the screen and type in the Event Name Box “Santa Photo’s”. Click “Search”. Click on “Santa Photo’s” which has St Josephs Primary School as the Venue underneath it. Then follow the prompts. At the end of the process you will be required to print your booking receipt/ticket.

Families that do not have internet access or a credit card can call into the school office with cash or a cheque to organise booking a session time.
On behalf of the Hastings River District Cricket Association (HRDCA) I’d like to invite you to watch the Hastings’s first ever REGIONAL BIG BASH T20 Match this Sunday at Wayne Richards Oval.

The Macquarie Coast Stingers (made up of the best from the Hastings, Macleay, Manning and Gloucester Regions) will take on the Northern Inland Bolters (Tamworth and surrounding districts).

In Round 1 last year our boys travelled to Tamworth going down by 5 wickets with 3 overs to spare. The Bolters eventually finished as Runners-Up in last season’s inaugural Competition.

For those who aren’t aware NSW Country has been broken up into 16 Regions for this knockout format with the Final Four facing off at the SCG in December for the Semis and Grand Final. Game Starts at 2.00p.m. ENTRY IS FREE! Food and Refreshments will be available to buy at the Venue and there’s a Jumping Castle and Face Painting for the littlies.

A Come and Try Day will be held from 11.30am for Kids who’d like to have a go at playing the game in a safe and friendly environment using modified equipment.

Thank you to Port Juniors, Macquarie and Beechwood Cricket Clubs for their assistance on the day.

Love to see you there!

Niko.
Hastings River District Cricket Association President.